

## PART 4: Choosing to Cheat

### INTRODUCTION

At some point in our attempts to get the most out of life, we lose control of our lives. We try to force one more thing in to our already busy lives and we reach a breaking point. Too much pressure causes an emotional breakdown. Too much debt causes a financial breakdown. Or maybe you're on the verge of a breakdown in your relationships.

What do you do when your worklife is so full you don't have time for the people who matter most?

### DISCUSSION QUESTIONS

1. Are you a homebody or do you like to get out and do something whenever possible?
2. How much do you tend to be at ease at work but restless at home because work gives you a sense of progress and accomplishment?
3. In the message, Andy said, *"Mutual submission is the key to a great marriage."* How does that statement sit with you? What are some things that make it difficult for us to submit to the needs of the people in our lives?
4. Think about the way you balance your work and homelife. To what extent do you find yourself absent from important family events and promising to do better by pointing to a future that will make up for the past?
5. What are some challenges you would face in choosing to cheat at work?
6. What is one thing you can do this week to begin to create breathing room at home? What can this group do to support you?

### MOVING FORWARD

There may not be enough time to get everything done that you want to get done, that culture tells you you need to get done. You may have to cheat. But where are you going to cheat? *Who* are you going to cheat?

In your desire to get the most out of life, don't lose control of your life. Create breathing room.

### CHANGING YOUR MIND

*Submit to one another out of reverence for Christ.*

**Ephesians 5:21**