



free

Part 1: It's Worse Than You Thought

INTRODUCTION

It's difficult to solve a problem when you don't understand what's wrong to begin with. Many of us have been trying to solve the problem of "us" for a long time. Some of you have lost friends, family, or jobs because you couldn't solve you. Some of you have paid someone good money to solve you. But what if the real problem is that you don't know what the problem is?

DISCUSSION QUESTIONS

1. Have you ever read a self-help book in order to change a behavior or break a bad habit? What happened?
2. Read Romans 7:15-19. In what ways do you see Paul's dilemma in other people's behavior? In what ways do you see it in your own behavior?
3. What are some things people do in order to justify or compensate for not living up to the standards they set for themselves?
4. Is the idea that sin isn't just a verb (something you do), but a noun (something you're born into) new to you? How does the idea of sin as a noun change the way you view your own behavior?
5. Do you tend to try to be a better version of a person born in Adam or are you learning to allow Jesus to live through you? Explain.
6. Is there something you need to start or stop doing, but you just haven't been able to do it? How might your life be different if you were successful in conquering that sin? What can the members of this group do to support you?

MOVING FORWARD

If the single action of a single man could create the generational chaos of sin, think of what the single action of Jesus could do. If Adam could mess it up, imagine how Jesus could fix it up. Imagine how he could fix you up.

CHANGING YOUR MIND

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Romans 5:8