

PART 3: The Secret Sauce

INTRODUCTION

No one likes to be wrong. No one likes to be told what to do. But insisting that you're always right isn't a recipe for a great marriage. Great marriages are built on humility . . . on the willingness of both spouses to submit to each other and to God.

But how do you do that? It all begins with prayer.

DISCUSSION QUESTIONS

- 1. When you're in a room full of people, do you want to be the center of attention or would you rather fade into the background? How does your extroversion or introversion play out in your marriage?
- 2. How difficult is it for you to admit when you're wrong?
- 3. Have you ever had a disagreement with someone who honestly considered your side of the argument? How did that person's openness affect your relationship with him or her? How did it influence the outcome of the disagreement?
- 4. Read Ephesians 5:22-25. Do these verses make you uncomfortable? Why is the idea of submitting to your spouse so challenging?
- 5. Do you pray with your spouse out loud and on a regular basis? If not, what are some obstacles to you doing so?
- 6. What do you need to do this week to start a habit of praying with your spouse? How can this group support you?

MOVING FORWARD

In a great relationship, both people submit to each other and submit together to their Heavenly Father. Praying together is an expression of that submission. Pray together . . . out loud and on a regular basis.

You'll be glad you did. One day, your children will be glad you did.

CHANGING YOUR MIND

But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

James 3:17